

Tropem Wilczym. Bieg Pamięci Żołnierzy Wyklętych

Organizator: Fundacja Rozwoju Sportu w Lublinie

Data: Lublin, 01.03.2020

Dystans: 5889 m

| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|-----------------------|---|----------------------|--------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 1 | 590 | MAZUREK PAWEŁ | ARCUS SI | LUBLIN | POLSKA | 1980 | M30 | 1 | 03:35 | 16.77 | 00:21:02 | 00:21:04 | 1 | |
| 2 | 248 | BOROWSKI KAMIL | Chełm Biega | ŻÓŁTAŃCE KOLONIA | POLSKA | 1991 | M12 | 1 | 03:35 | 16.75 | 00:21:06 | 00:21:06 | 2 | |
| 3 | 194 | ŁOBACZUK MARIUSZ | CHEŁM BIEGA | CHEŁM | POLSKA | 1975 | M30 | 2 | 03:43 | 16.13 | 00:21:54 | 00:21:54 | 3 | |
| 4 | 168 | DUL MARCIN | #NoLimits | LUBLIN | POLSKA | 1984 | M30 | 3 | 03:47 | 15.87 | 00:22:15 | 00:22:16 | 4 | |
| 5 | 90 | CICHORZ JACEK | Biegający Świdnik | BYSTRZEJOWICE DRUGIE | POLSKA | 1989 | M30 | 4 | 03:47 | 15.87 | 00:22:16 | 00:22:16 | 5 | |
| 6 | 376 | SZYMULA PRZEMYSŁAW | Lotnicza Akademia Wojskowa w Dęblinie | SYRY | POLSKA | 1997 | M12 | 2 | 03:47 | 15.86 | 00:22:15 | 00:22:17 | 6 | |
| 7 | 452 | KUNA KRYSZTOF | | LUBLIN | POLSKA | 2002 | M12 | 3 | 03:47 | 15.84 | 00:22:17 | 00:22:18 | 7 | |
| 8 | 256 | SIEJKO ŁUKASZ | | LUBLIN | POLSKA | 1981 | M30 | 5 | 03:49 | 15.69 | 00:22:30 | 00:22:31 | 8 | |
| 9 | 301 | MICHALCZEWSKI JACEK | | KARCZMISKA | POLSKA | 1983 | M30 | 6 | 03:50 | 15.67 | 00:22:29 | 00:22:33 | 9 | |
| 10 | 157 | WAŻNY JACEK | Stay Insane | LUBLIN | POLSKA | 1989 | M30 | 7 | 03:51 | 15.6 | 00:22:39 | 00:22:39 | 10 | |
| 11 | 531 | KOCYBA GRZEGORZ | | LUBLIN | POLSKA | 1985 | M30 | 8 | 03:55 | 15.3 | 00:23:04 | 00:23:06 | 11 | |
| 12 | 261 | LEWANDOWSKI ŁUKASZ | | BIELSK PODLASKI | POLSKA | 1996 | M12 | 4 | 03:58 | 15.14 | 00:23:17 | 00:23:20 | 12 | |
| 13 | 324 | DELEŻUCH WOJCIECH | Nie Ma Letko | NIEMCE | POLSKA | 1976 | M30 | 9 | 03:58 | 15.1 | 00:23:21 | 00:23:24 | 13 | |
| 14 | 47 | DOBROWOLSKI PIOTR | 2LBOT | LUBLIN | POLSKA | 1973 | M30 | 10 | 04:02 | 14.9 | 00:23:41 | 00:23:43 | 14 | |
| 15 | 514 | DĘBICKI MICHAŁ | Dąbrowski Team | WYŻNICA-KOLONIA | POLSKA | 1998 | M12 | 5 | 04:03 | 14.83 | 00:23:49 | 00:23:50 | 15 | |
| 16 | 529 | TERENTOWICZ STANISŁAW | | LUBLIN | POLSKA | 1966 | M50 | 1 | 04:03 | 14.82 | 00:23:48 | 00:23:51 | 16 | |
| 17 | 181 | ZARZECZNA OLGA | PERFORMANCE MEDIA POLAND | LUBLIN | POLSKA | 1987 | K30 | 1 | 04:04 | 14.78 | 00:23:53 | 00:23:54 | | 1 |
| 18 | 13 | KONKEL KATARZYNA | Decathlon Lublin Czechów / Maja Team | GNIEWOWO | POLSKA | 1994 | K12 | 1 | 04:07 | 14.6 | 00:24:11 | 00:24:12 | | 2 |
| 19 | 205 | MITURA MAREK | intrograf team | KAMIONKA | POLSKA | 1979 | M30 | 11 | 04:07 | 14.59 | 00:24:07 | 00:24:13 | 17 | |
| 20 | 203 | TUSIŃSKI TOMASZ | intrograf team | STARACHOWICE | POLSKA | 1990 | M30 | 12 | 04:07 | 14.55 | 00:24:11 | 00:24:17 | 18 | |
| 21 | 46 | BIELAK TOMASZ | Aliplast Aluminium Extrusion | TUSZÓW | POLSKA | 1989 | M30 | 13 | 04:12 | 14.29 | 00:24:44 | 00:24:44 | 19 | |
| 22 | 488 | KAFEL BARTŁOMIEJ | | ŚWIERZOWA POLSKA | POLSKA | 1998 | M12 | 6 | 04:13 | 14.25 | 00:24:46 | 00:24:48 | 20 | |
| 23 | 633 | PŁOCHOCKI PAWEŁ | | LUBLIN | POLSKA | 1994 | M12 | 7 | 04:13 | 14.23 | 00:24:46 | 00:24:50 | 21 | |
| 24 | 294 | ZABORSKI ŁUKASZ | LUBELSKIE STOWARZYSZENIE BIEGOWE | LUBLIN | POLSKA | 1986 | M30 | 14 | 04:15 | 14.13 | 00:24:57 | 00:25:00 | 22 | |
| 25 | 440 | BERNASIEWICZ MARIUSZ | SuperDrob | LUBLIN | POLSKA | 1984 | M30 | 15 | 04:16 | 14.07 | 00:25:06 | 00:25:07 | 23 | |
| 26 | 380 | BACZKURA DAMIAN | SANTANDER RUNNERS TEAM | LUBLIN | POLSKA | 1991 | M12 | 8 | 04:17 | 14.01 | 00:25:07 | 00:25:13 | 24 | |
| 27 | 48 | PIETRZYK ZBIGNIEW | Bełżyce i okolice biegają | KĘPA BORZECZOWSKA | POLSKA | 1969 | M50 | 2 | 04:19 | 13.89 | 00:25:23 | 00:25:26 | 25 | |
| 28 | 429 | KOWALCZYK RAFAL | | LUBLIN | POLSKA | 1985 | M30 | 16 | 04:19 | 13.89 | 00:25:18 | 00:25:26 | 26 | |
| 29 | 40 | OSIŃSKI DANIEL | Sędzia | LUBLIN | POLSKA | 1976 | M30 | 17 | 04:21 | 13.78 | 00:25:35 | 00:25:38 | 27 | |
| 30 | 472 | KORZENIECKI ANDRZEJ | Droga Neokatechumenalna/ OSP Uniszowice | MOTYCZ | POLSKA | 1985 | M30 | 18 | 04:22 | 13.78 | 00:25:33 | 00:25:39 | 28 | |
| 31 | 83 | MIROŚLAW MAREK | Lubelskie Stowarzyszenie Sędziów P.N. | LUBLIN | POLSKA | 1975 | M30 | 19 | 04:22 | 13.75 | 00:25:39 | 00:25:42 | 29 | |
| 32 | 323 | WÓJTOWICZ PRZEMYSŁAW | OSP Wzgórze | BEŁŻYCE | POLSKA | 1984 | M30 | 20 | 04:22 | 13.73 | 00:25:40 | 00:25:44 | 30 | |
| 33 | 241 | GRZENIA MAŁGORZATA | Centrum Medyczne Orto-Optymist | LUBLIN | POLSKA | 1968 | K50 | 1 | 04:22 | 13.73 | 00:25:44 | 00:25:44 | | 3 |
| 34 | 164 | MAZUREK ROBERT | LSB / Lubelaky | LUBLIN | POLSKA | 1976 | M30 | 21 | 04:23 | 13.66 | 00:25:51 | 00:25:52 | 31 | |
| 35 | 580 | BIAŁY MIROŚLAW | | ZIÓŁKÓW | POLSKA | 1970 | M50 | 3 | 04:25 | 13.58 | 00:25:58 | 00:26:01 | 32 | |
| 36 | 186 | FURMANIK EWA | Chełm Biega | ŚWIERŻE | POLSKA | 1978 | K30 | 2 | 04:28 | 13.44 | 00:26:16 | 00:26:17 | | 4 |
| 37 | 435 | KAMIŃSKI MARCIN | | ZAWADÓWKA | POLSKA | 1986 | M30 | 22 | 04:28 | 13.43 | 00:26:02 | 00:26:18 | 33 | |
| 38 | 572 | SZPYT GRZEGORZ | | LUBLIN | POLSKA | 1978 | M30 | 23 | 04:28 | 13.42 | 00:26:06 | 00:26:20 | 34 | |
| 39 | 149 | PŁECHA MATEUSZ | #DąbrowskiTeam | KRAŚNIK | POLSKA | 1990 | M30 | 24 | 04:29 | 13.38 | 00:26:05 | 00:26:25 | 35 | |
| 40 | 397 | WEGIERA ANDRZEJ | | ABRAMOWICE PRYWATNE | POLSKA | 1974 | M30 | 25 | 04:29 | 13.35 | 00:26:26 | 00:26:28 | 36 | |
| 41 | 180 | KOZIEJ ŁUKASZ | | LUBLIN | POLSKA | 1981 | M30 | 26 | 04:29 | 13.35 | 00:26:15 | 00:26:28 | 37 | |

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| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|------------------------|--|----------------------------|--------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 42 | 485 | WIERZCHOŃ CEZARY | MW Lublin | WOJCIESZKÓW | POLSKA | 1995 | M12 | 9 | 04:30 | 13.34 | 00:26:15 | 00:26:29 | 38 | |
| 43 | 600 | PAWIŃSKI PAWEŁ | MAKONDO TEAM | MAJDAN KOZIC DOLNYCH | POLSKA | 1994 | M12 | 10 | 04:31 | 13.32 | 00:26:25 | 00:26:32 | 39 | |
| 44 | 169 | JARZYŃKA KRZYSZTOF | K2 | LUBLIN | POLSKA | 1968 | M50 | 4 | 04:31 | 13.3 | 00:26:26 | 00:26:34 | 40 | |
| 45 | 493 | TKACZYK KRZYSZTOF | Borsuk biega | BRZEŹNICA BYCHAWSKA/LUBLIN | POLSKA | 1982 | M30 | 27 | 04:31 | 13.28 | 00:26:34 | 00:26:36 | 41 | |
| 46 | 9 | RACZKOWSKI PAWEŁ | Orlen Running Team | LUBLIN | POLSKA | 1977 | M30 | 28 | 04:32 | 13.24 | 00:26:13 | 00:26:41 | 42 | |
| 47 | 24 | SOROCZYŃSKI PIOTR | Nie Ma Letko | LUBLIN | POLSKA | 1985 | M30 | 29 | 04:32 | 13.24 | 00:26:22 | 00:26:41 | 43 | |
| 48 | 511 | MORYC PAWEŁ | Bełżyce biegają | BEŁŻYCE | POLSKA | 1999 | M12 | 11 | 04:32 | 13.22 | 00:26:13 | 00:26:44 | 44 | |
| 49 | 58 | SUCHORA KACPER | San Antonio Spurs | KRAŚNIK | POLSKA | 1997 | M12 | 12 | 04:33 | 13.18 | 00:26:38 | 00:26:48 | 45 | |
| 50 | 406 | WÓJCIK PAWEŁ | | NOWA WÓLKA | POLSKA | 1974 | M30 | 30 | 04:34 | 13.17 | 00:26:46 | 00:26:50 | 46 | |
| 51 | 28 | TARGOŃSKI MARCIN | Get Gym | LUBLIN | POLSKA | 1975 | M30 | 31 | 04:34 | 13.14 | 00:26:50 | 00:26:54 | 47 | |
| 52 | 16 | SIM PAWEŁ | Nie ma letko | NIEMCE RUDKA KOZŁOWIECKA | POLSKA | 1983 | M30 | 32 | 04:34 | 13.14 | 00:26:48 | 00:26:54 | 48 | |
| 53 | 25 | SIERAKOWSKI ALEKSANDER | GetGym | LUBLIN | POLSKA | 1995 | M12 | 13 | 04:34 | 13.14 | 00:26:50 | 00:26:54 | 49 | |
| 54 | 314 | SZEWCZAK KRZYSZTOF | Biegnij, dziadek biegnij ! | LUBLIN | POLSKA | 1978 | M30 | 33 | 04:35 | 13.11 | 00:26:49 | 00:26:57 | 50 | |
| 55 | 201 | WYRWISZ DAMIAN | intrograf team | LUBLIN | POLSKA | 1977 | M30 | 34 | 04:37 | 13.01 | 00:27:03 | 00:27:09 | 51 | |
| 56 | 34 | ZDUN GRZEGORZ | #RunningTeam83 | LUBLIN | POLSKA | 1983 | M30 | 35 | 04:38 | 12.94 | 00:27:09 | 00:27:18 | 52 | |
| 57 | 237 | SMYKA MICHAŁ | | CIECIERZYN | POLSKA | 1995 | M12 | 14 | 04:39 | 12.9 | 00:27:14 | 00:27:24 | 53 | |
| 58 | 423 | KOSIOR TOMASZ | | LUBLIN | POLSKA | 1980 | M30 | 36 | 04:40 | 12.88 | 00:27:09 | 00:27:26 | 54 | |
| 59 | 566 | ŚLUSARZ KRZYSZTOF | | LUBLIN | POLSKA | 1985 | M30 | 37 | 04:40 | 12.85 | 00:27:10 | 00:27:30 | 55 | |
| 60 | 471 | SABEŁ ŁUKASZ | Kraśnik Biega | URZEDÓW | POLSKA | 1976 | M30 | 38 | 04:40 | 12.84 | 00:27:15 | 00:27:31 | 56 | |
| 61 | 52 | SOLAN ŁUKASZ | #runningteam83 | LUBLIN | POLSKA | 1983 | M30 | 39 | 04:40 | 12.84 | 00:27:23 | 00:27:31 | 57 | |
| 62 | 506 | BRODACZEWSKI PIOTR | | LUBLIN | POLSKA | 1994 | M12 | 15 | 04:41 | 12.79 | 00:27:34 | 00:27:37 | 58 | |
| 63 | 428 | GAŁAN TOMASZ | PGE RUN OBRÓT/LUBELSKIE STOWARZ. BIEGOWE | LUBLIN | POLSKA | 1974 | M30 | 40 | 04:41 | 12.79 | 00:27:24 | 00:27:38 | 59 | |
| 64 | 595 | KUCZMOWSKI TOMASZ | | LUBLIN | POLSKA | 1976 | M30 | 41 | 04:43 | 12.75 | 00:27:32 | 00:27:43 | 60 | |
| 65 | 100 | PAŁKA MAGDALENA | | URSZULIN | POLSKA | 1980 | K30 | 3 | 04:43 | 12.74 | 00:27:41 | 00:27:44 | | 5 |
| 66 | 240 | SAJ MARCIN | | LUBLIN | POLSKA | 1992 | M12 | 16 | 04:43 | 12.72 | 00:27:40 | 00:27:47 | 61 | |
| 67 | 74 | JONIK MARCIN | http://marcinjonik.prv.pl | LUBLIN | POLSKA | 1974 | M30 | 42 | 04:43 | 12.71 | 00:27:39 | 00:27:48 | 62 | |
| 68 | 29 | WOŹNIACKI ADAM | GetGym | LUBLIN | POLSKA | 1974 | M30 | 43 | 04:44 | 12.69 | 00:27:46 | 00:27:51 | 63 | |
| 69 | 461 | KUCHARZYK GRZEGORZ | | LUBLIN | POLSKA | 1975 | M30 | 44 | 04:44 | 12.69 | 00:27:48 | 00:27:51 | 64 | |
| 70 | 105 | PSZCZOŁA IRENEUSZ | | LUBLIN | POLSKA | 1981 | M30 | 45 | 04:44 | 12.66 | 00:27:50 | 00:27:54 | 65 | |
| 71 | 405 | BOGUTA JAROSŁAW | | LUBARTÓW | POLSKA | 1991 | M12 | 17 | 04:45 | 12.64 | 00:27:48 | 00:27:57 | 66 | |
| 72 | 217 | BIELAK MICHAŁ | | ŚWIDNIK | POLSKA | 1992 | M12 | 18 | 04:45 | 12.63 | 00:27:42 | 00:27:58 | 67 | |
| 73 | 630 | JACH PAWEŁ | | LUBLIN | POLSKA | 1981 | M30 | 46 | 04:45 | 12.63 | 00:27:52 | 00:27:58 | 68 | |
| 74 | 30 | GLUSZAK KATARZYNA | | LUBLIN | POLSKA | 1982 | K30 | 4 | 04:45 | 12.63 | 00:27:57 | 00:27:59 | | 6 |
| 75 | 362 | UMIŃSKA KAROLINA | | LUBLIN | POLSKA | 1997 | K12 | 2 | 04:45 | 12.62 | 00:27:55 | 00:28:00 | | 7 |
| 76 | 244 | PIETRAŚ ARKADIUSZ | FightGym Lublin | BEŁŻYCE | POLSKA | 1987 | M30 | 47 | 04:45 | 12.62 | 00:27:28 | 00:28:00 | 69 | |
| 77 | 418 | MARCINIAK PIOTR | Centrum Symulacji Medycznej | LUBLIN | POLSKA | 1982 | M30 | 48 | 04:47 | 12.56 | 00:28:01 | 00:28:08 | 70 | |
| 78 | 36 | TABISZEWSKI ARTUR | | WARSZAWA | POLSKA | 1987 | M30 | 49 | 04:47 | 12.55 | 00:27:43 | 00:28:09 | 71 | |
| 79 | 332 | DĘBNIAK KRZYSZTOF | Industi | LUBLIN | POLSKA | 1985 | M30 | 50 | 04:47 | 12.51 | 00:28:06 | 00:28:14 | 72 | |
| 80 | 207 | WENERSKI WOJCIECH | lubelskie stowarzyszenie biegowe | LUBLIN | POLSKA | 1950 | M50 | 5 | 04:49 | 12.45 | 00:28:06 | 00:28:23 | 73 | |
| 81 | 300 | PAŚNIK DARIUSZ | | LUBLIN | POLSKA | 1983 | M30 | 51 | 04:50 | 12.43 | 00:28:09 | 00:28:25 | 74 | |
| 82 | 420 | WOJCIECHOWSKI MATEUSZ | Team Magia | LUBLIN | POLSKA | 1986 | M30 | 52 | 04:50 | 12.42 | 00:28:09 | 00:28:27 | 75 | |

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| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|------------------------|--------------------------------|-------------------------|--------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 83 | 462 | SPRAWKA KAMIL | FEREIRA | STRZYŻEWICE | POLSKA | 1991 | M12 | 19 | 04:50 | 12.41 | 00:28:04 | 00:28:29 | 76 | |
| 84 | 310 | BRODAK TOMASZ | | LUBLIN | POLSKA | 1987 | M30 | 53 | 04:51 | 12.38 | 00:28:17 | 00:28:33 | 77 | |
| 85 | 475 | RZĄD SYLWEK | | ZAKRZÓWEK | POLSKA | 1990 | M30 | 54 | 04:51 | 12.38 | 00:28:26 | 00:28:33 | 78 | |
| 86 | 137 | PIETRASZEK JACEK | | SULÓW | POLSKA | 2001 | M12 | 20 | 04:51 | 12.37 | 00:28:23 | 00:28:34 | 79 | |
| 87 | 603 | KUZIEL JAKUB | MAKONDO TEAM | LUBLIN | POLSKA | 1987 | M30 | 55 | 04:52 | 12.35 | 00:28:19 | 00:28:37 | 80 | |
| 88 | 421 | CZAJKOWSKI RAFAŁ | | RUDY | POLSKA | 1988 | M30 | 56 | 04:52 | 12.33 | 00:28:11 | 00:28:39 | 81 | |
| 89 | 107 | ODOROWSKI TOMASZ | Lublin Biega | LUBLIN | POLSKA | 1980 | M30 | 57 | 04:52 | 12.33 | 00:28:19 | 00:28:39 | 82 | |
| 90 | 441 | JASIŃSKA ANNA | SUPERDROB/BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POLSKA | 1985 | K30 | 5 | 04:52 | 12.33 | 00:28:39 | 00:28:40 | | 8 |
| 91 | 599 | SIEDLARZ ANDRZEJ | MAKONDO TEAM | PIASKI | POLSKA | 1996 | M12 | 21 | 04:52 | 12.33 | 00:28:22 | 00:28:40 | 83 | |
| 92 | 593 | KARBOWNICZEK MACIEJ | | OSTROWIEC ŚWIĘTOKRZYSKI | POLSKA | 1985 | M30 | 58 | 04:52 | 12.31 | 00:28:22 | 00:28:42 | 84 | |
| 93 | 401 | GŁOWACKI MICHAŁ | #szybkienózki | LUBLIN | POLSKA | 1985 | M30 | 59 | 04:52 | 12.31 | 00:28:22 | 00:28:42 | 85 | |
| 94 | 133 | GODULA RYSZARD | BIEGNIJ FORREST BIEGNIJ | LUBLIN | POLSKA | 1959 | M50 | 6 | 04:53 | 12.29 | 00:28:32 | 00:28:45 | 86 | |
| 95 | 623 | KSIĄŻEK KAMIL | | LUBLIN | POLSKA | 1984 | M30 | 60 | 04:53 | 12.26 | 00:28:27 | 00:28:49 | 87 | |
| 96 | 508 | WASILEWSKI PIOTR | | LUBLIN | POLSKA | 1978 | M30 | 61 | 04:54 | 12.23 | 00:28:25 | 00:28:53 | 88 | |
| 97 | 236 | WÓJTOWICZ PRZEMYSŁAW | | LUBARTÓW | POLSKA | 1979 | M30 | 62 | 04:55 | 12.23 | 00:28:44 | 00:28:54 | 89 | |
| 98 | 270 | ZIĘBA EMIL | CENTRUM MEDYCZNE ORTO-OPTYMIST | LUBLIN | POLSKA | 1974 | M30 | 63 | 04:55 | 12.18 | 00:28:35 | 00:29:00 | 90 | |
| 99 | 43 | ARASZKIEWICZ MACIEJ | #runningteam83 | LUBLIN | POLSKA | 1983 | M30 | 64 | 04:56 | 12.17 | 00:28:54 | 00:29:02 | 91 | |
| 100 | 72 | PULIŃSKI ALBERT | Oj tam oj tam | PONIATOWA | POLSKA | 1993 | M12 | 22 | 04:56 | 12.16 | 00:28:28 | 00:29:03 | 92 | |
| 101 | 253 | KONOPKA PIOTR | LUBELSKA GRUPA TRIATHLONU | LUBLIN | POLSKA | 1978 | M30 | 65 | 04:58 | 12.11 | 00:28:37 | 00:29:11 | 93 | |
| 102 | 271 | FORYŚ TOMASZ | Sii Running Team | LUBLIN | POLSKA | 1989 | M30 | 66 | 04:58 | 12.11 | 00:28:51 | 00:29:11 | 94 | |
| 103 | 498 | JAROCKI PIOTR | | LUBLIN | POLSKA | 1983 | M30 | 67 | 04:58 | 12.07 | 00:29:07 | 00:29:16 | 95 | |
| 104 | 113 | PIZOŃ PAWEŁ | 43 RPW | LUBLIN | POLSKA | 1982 | M30 | 68 | 04:59 | 12.02 | 00:29:08 | 00:29:24 | 96 | |
| 105 | 449 | ŁOBODA TOMASZ | | LUBLIN | POLSKA | 1981 | M30 | 69 | 05:00 | 12.01 | 00:29:18 | 00:29:25 | 97 | |
| 106 | 296 | KLESZCZYŃSKA AGNIESZKA | Multimedia Runners | PUŁAWY | POLSKA | 1985 | K30 | 6 | 05:00 | 12.01 | 00:29:15 | 00:29:25 | | 9 |
| 107 | 606 | WALICKI JERZY | | LUBLIN | POLSKA | 1969 | M50 | 7 | 05:00 | 12 | 00:29:08 | 00:29:27 | 98 | |
| 108 | 396 | PYRA MAREK | #szybkienózki | LUBLIN | POLSKA | 1984 | M30 | 70 | 05:00 | 12 | 00:29:06 | 00:29:27 | 99 | |
| 109 | 165 | GÓRAS ALEKSANDER | | LUBLIN | POLSKA | 1985 | M30 | 71 | 05:00 | 11.99 | 00:29:06 | 00:29:28 | 100 | |
| 110 | 219 | DYBOWSKI TOMASZ | parkrun Ogród Saski, Lublin | LUBLIN | POLSKA | 1978 | M30 | 72 | 05:01 | 11.98 | 00:29:02 | 00:29:30 | 101 | |
| 111 | 611 | KOPIŃSKI ŁUKASZ | Crossfit Z 16 | LUBLIN | POLSKA | 1986 | M30 | 73 | 05:01 | 11.98 | 00:28:57 | 00:29:30 | 102 | |
| 112 | 21 | STAROBRAT MICHAŁ | Getgym | LUBLIN | POLSKA | 1978 | M30 | 74 | 05:01 | 11.98 | 00:29:25 | 00:29:30 | 103 | |
| 113 | 88 | IWANEJKO PIOTR | #runningteam83 | LUBLIN | POLSKA | 1983 | M30 | 75 | 05:02 | 11.94 | 00:29:28 | 00:29:36 | 104 | |
| 114 | 400 | HUBA AGNIESZKA | | WÓLKA BISKA | POLSKA | 1989 | K30 | 7 | 05:02 | 11.93 | 00:29:32 | 00:29:37 | | 10 |
| 115 | 70 | SOBIECH PIOTR | | LUBLIN | POLSKA | 1975 | M30 | 76 | 05:02 | 11.92 | 00:29:07 | 00:29:39 | 105 | |
| 116 | 210 | CUPRIAK JANUSZ | Bo jak nie My, to Kto? | DĘBLIN | POLSKA | 1972 | M30 | 77 | 05:02 | 11.91 | 00:29:26 | 00:29:40 | 106 | |
| 117 | 254 | POLAK TOMASZ | | LUBLIN | POLSKA | 1984 | M30 | 78 | 05:03 | 11.87 | 00:29:27 | 00:29:46 | 107 | |
| 118 | 360 | ŚLIWA KONRAD | Szybcy po 40stce. | LUBLIN | POLSKA | 1976 | M30 | 79 | 05:03 | 11.87 | 00:29:33 | 00:29:46 | 108 | |
| 119 | 509 | KARALUS RADOSŁAW | KGP BBI WGAP | WARSZAWA | POLSKA | 1986 | M30 | 80 | 05:04 | 11.84 | 00:29:22 | 00:29:50 | 109 | |
| 120 | 412 | MAZUREK MATEUSZ | Motor Lublin | LUBLIN | POLSKA | 1991 | M12 | 23 | 05:05 | 11.82 | 00:29:51 | 00:29:54 | 110 | |
| 121 | 97 | WILKOS KAMIL | | NIEMCE | POLSKA | 1988 | M30 | 81 | 05:05 | 11.8 | 00:29:46 | 00:29:56 | 111 | |
| 122 | 63 | PIENIAK MARCIN | | LUBLIN | POLSKA | 1991 | M12 | 24 | 05:05 | 11.8 | 00:29:24 | 00:29:57 | 112 | |
| 123 | 238 | SĄCZEK JOLANTA | | PUŁAWY | POLSKA | 1980 | K30 | 8 | 05:05 | 11.79 | 00:29:49 | 00:29:58 | | 11 |

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Organizator: Fundacja Rozwoju Sportu w Lublinie

Data: Lublin, 01.03.2020

Dystans 5889 m

| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|---------------------|-----------------------------|----------------------|--------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 124 | 93 | KOWALSKI PAWEŁ | | LUBLIN | POLSKA | 1987 | M30 | 82 | 05:05 | 11.79 | 00:29:22 | 00:29:58 | 113 | |
| 125 | 486 | ZBIGNIEW KARWAN | sam | LUBLIN | POLSKA | 1960 | M50 | 8 | 05:06 | 11.76 | 00:29:38 | 00:30:03 | 114 | |
| 126 | 49 | STACHYRA ANDRZEJ | LSB | LUBLIN | POLSKA | 1968 | M50 | 9 | 05:07 | 11.74 | 00:29:52 | 00:30:06 | 115 | |
| 127 | 587 | MULARCZYK PAWEŁ | | LUBLIN | POLSKA | 1985 | M30 | 83 | 05:07 | 11.73 | 00:29:57 | 00:30:08 | 116 | |
| 128 | 104 | KOSZAŁKO KAMIL | | LUBLIN | POLSKA | 1997 | M12 | 25 | 05:07 | 11.72 | 00:29:58 | 00:30:09 | 117 | |
| 129 | 621 | IŻEWSKI SYLWESTER | | ŚWIDNIK K LUBLINA | POLSKA | 1988 | M30 | 84 | 05:08 | 11.71 | 00:30:02 | 00:30:11 | 118 | |
| 130 | 148 | MAJEWSKA IZABELA | ISKRY | BEŁŻYCE | POLSKA | 1988 | K30 | 9 | 05:08 | 11.71 | 00:30:04 | 00:30:11 | | 12 |
| 131 | 321 | BIELECKI WOJCIECH | OSP Wzgórze | BEŁŻYCE | POLSKA | 1983 | M30 | 85 | 05:08 | 11.69 | 00:30:00 | 00:30:14 | 119 | |
| 132 | 430 | BELNIAK PIOTR | 43 RPW | LUBLIN | POLSKA | 1979 | M30 | 86 | 05:09 | 11.66 | 00:29:47 | 00:30:18 | 120 | |
| 133 | 431 | WASIL AGNIESZKA | | LUBLIN | POLSKA | 1984 | K30 | 10 | 05:09 | 11.65 | 00:29:50 | 00:30:20 | | 13 |
| 134 | 134 | MICHAŁEK MICHAŁ | Open finance | LUBLIN | POLSKA | 1979 | M30 | 87 | 05:10 | 11.64 | 00:29:54 | 00:30:22 | 121 | |
| 135 | 482 | KWIATKOWSKI TOMASZ | UMCS BIEGA | JASTKÓW | POLSKA | 1977 | M30 | 88 | 05:10 | 11.62 | 00:30:01 | 00:30:25 | 122 | |
| 136 | 484 | WOŹNIAK KATARZYNA | Decathlon Lublin Czechów | OSTRÓW LUBELSKI | POLSKA | 1997 | K12 | 3 | 05:10 | 11.62 | 00:30:00 | 00:30:25 | | 14 |
| 137 | 335 | SĄGOL MARCIN | | ŻELECHÓW | POLSKA | 1984 | M30 | 89 | 05:11 | 11.55 | 00:30:07 | 00:30:35 | 123 | |
| 138 | 395 | GŁOWACKA MONIKA | #szybkienóżki | LUBLIN | POLSKA | 1986 | K30 | 11 | 05:13 | 11.51 | 00:30:21 | 00:30:42 | | 15 |
| 139 | 602 | ŁUĆ PAWEŁ | MAKONDO TEAM | LUBLIN | POLSKA | 1991 | M12 | 26 | 05:14 | 11.48 | 00:30:09 | 00:30:47 | 124 | |
| 140 | 183 | SIEDLACZEK ZBIGNIEW | | LUBLIN | POLSKA | 1957 | M50 | 10 | 05:14 | 11.47 | 00:30:21 | 00:30:49 | 125 | |
| 141 | 159 | WÓJCICKI DAMIAN | parkrun Ogród Saski, Lublin | LUBLIN | POLSKA | 1989 | M30 | 90 | 05:14 | 11.45 | 00:30:22 | 00:30:51 | 126 | |
| 142 | 68 | FILIPIAK KRZYSZTOF | Marysin spaceruje | MARYSIN | POLSKA | 1978 | M30 | 91 | 05:14 | 11.44 | 00:30:38 | 00:30:53 | 127 | |
| 143 | 280 | ROGOWSKI BARTŁOMIEJ | | LUBLIN | POLSKA | 1996 | M12 | 27 | 05:15 | 11.43 | 00:30:28 | 00:30:54 | 128 | |
| 144 | 77 | MIERZWA ZBIGNIEW | RWT Lublin | LUBLIN | POLSKA | 1976 | M30 | 92 | 05:15 | 11.42 | 00:30:25 | 00:30:56 | 129 | |
| 145 | 243 | BORKOWSKI ROBERT | RWT Lublin | LUBLIN | POLSKA | 1993 | M12 | 28 | 05:15 | 11.42 | 00:30:24 | 00:30:56 | 130 | |
| 146 | 175 | GAŃSKI FILIP | Biegający Świdnik | ŚWIDNIK | POLSKA | 1986 | M30 | 93 | 05:16 | 11.4 | 00:30:36 | 00:30:59 | 131 | |
| 147 | 305 | MITURA EMILIA | Morsujący Firlej:) | KOZŁÓWKA | POLSKA | 1984 | K30 | 12 | 05:16 | 11.39 | 00:30:36 | 00:31:02 | | 16 |
| 148 | 95 | PACEK ANDRZEJ | Lubelaky. | LUBLIN | POLSKA | 1969 | M50 | 11 | 05:16 | 11.39 | 00:30:30 | 00:31:02 | 132 | |
| 149 | 504 | RODAK PIOTR | | LUBLIN | POLSKA | 1973 | M30 | 94 | 05:16 | 11.38 | 00:30:48 | 00:31:03 | 133 | |
| 150 | 410 | PTASIEWICZ MAJA | GET GYM | LUBLIN | POLSKA | 1980 | K30 | 13 | 05:17 | 11.35 | 00:30:42 | 00:31:08 | | 17 |
| 151 | 631 | MAGRYŚ AGNIESZKA | GET GYM | LUBLIN | POLSKA | 1975 | K30 | 14 | 05:17 | 11.35 | 00:30:42 | 00:31:08 | | 18 |
| 152 | 53 | DĄBROWSKI ARKADIUSZ | | MĘTÓW | POLSKA | 1977 | M30 | 95 | 05:18 | 11.31 | 00:30:47 | 00:31:14 | 134 | |
| 153 | 417 | LAKUTOWICZ DOROTA | | LUBLIN | POLSKA | 1989 | K30 | 15 | 05:19 | 11.29 | 00:31:04 | 00:31:18 | | 19 |
| 154 | 311 | MAJCHER PAWEŁ | MATE MOUNTAINS | LUBARTÓW | POLSKA | 1981 | M30 | 96 | 05:19 | 11.28 | 00:31:16 | 00:31:20 | 135 | |
| 155 | 322 | PRZYBYSZ MATEUSZ | | BEŁŻYCE | POLSKA | 1993 | M12 | 29 | 05:19 | 11.27 | 00:30:56 | 00:31:21 | 136 | |
| 156 | 1 | SOBOŃ ARTUR | | ŚWIDNIK | POLSKA | 1977 | M30 | 97 | 05:19 | 11.27 | 00:31:21 | 00:31:21 | 137 | |
| 157 | 500 | TOPYŁA RAFAŁ | ISKRY | BEŁŻYCE | POLSKA | 1994 | M12 | 30 | 05:20 | 11.25 | 00:31:02 | 00:31:25 | 138 | |
| 158 | 588 | MAZUREK MAŁGORZATA | NKS Zryw | LUBLIN | POLSKA | 1981 | K30 | 16 | 05:20 | 11.23 | 00:31:00 | 00:31:27 | | 20 |
| 159 | 546 | CYBULSKI GRZEGORZ | Największa Armia Świata | LUBLIN | POLSKA | 1975 | M30 | 98 | 05:21 | 11.22 | 00:31:16 | 00:31:29 | 139 | |
| 160 | 150 | IWANEK SEBASTIAN | | LUBLIN | POLSKA | 1990 | M30 | 99 | 05:21 | 11.22 | 00:31:09 | 00:31:30 | 140 | |
| 161 | 131 | WÓJCIK MAREK | | LUBLIN | POLSKA | 1987 | M30 | 100 | 05:21 | 11.22 | 00:31:09 | 00:31:30 | 141 | |
| 162 | 160 | DEJEWSKI ZBIGNIEW | | LUBLIN | POLSKA | 1967 | M50 | 12 | 05:21 | 11.21 | 00:31:14 | 00:31:31 | 142 | |
| 163 | 26 | BAT MARIUSZ | Nie Ma Letko | JAKUBOWICE KONIŃSKIE | POLSKA | 1989 | M30 | 101 | 05:22 | 11.2 | 00:31:28 | 00:31:33 | 143 | |
| 164 | 18 | CHWIEJCZAK MAGDA | Get gym | LUBLIN | POLSKA | 1987 | K30 | 17 | 05:22 | 11.2 | 00:31:29 | 00:31:33 | | 21 |

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Data: Lublin, 01.03.2020

Dystans 5889 m

| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|---------------------|---------------------------------|----------------------------|---------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 165 | 507 | KRÓL DAWID | | LUBLIN | POLSKA | 1994 | M12 | 31 | 05:22 | 11.19 | 00:31:01 | 00:31:35 | 144 | |
| 166 | 125 | GRABIAS PIOTR | MKS Sygnał LUBLIN | LUBLIN | POLSKA | 1986 | M30 | 102 | 05:22 | 11.18 | 00:31:14 | 00:31:36 | 145 | |
| 167 | 384 | SMOLIŃSKI DOMINIK | Nie ma letko | NIEMCE | POLSKA | 1994 | M12 | 32 | 05:22 | 11.18 | 00:31:16 | 00:31:37 | 146 | |
| 168 | 533 | KACZANOWSKI ŁUKASZ | Wieniawa | LUBLIN | POLSKA | 1982 | M30 | 103 | 05:22 | 11.16 | 00:31:18 | 00:31:39 | 147 | |
| 169 | 489 | URBAN SYLWIA | | SZEBNIE | POLSKA | 1999 | K12 | 4 | 05:23 | 11.16 | 00:31:16 | 00:31:40 | | 22 |
| 170 | 66 | ZAGOZDON SŁAWOMIR | | KRAŚNIK | POLSKA | 1968 | M50 | 13 | 05:23 | 11.15 | 00:31:08 | 00:31:42 | 148 | |
| 171 | 414 | SOPOĆKO MATEUSZ | | LUBLIN | POLSKA | 1991 | M12 | 33 | 05:23 | 11.14 | 00:31:29 | 00:31:43 | 149 | |
| 172 | 156 | SZTORC MICHAŁ | | LUBLIN | POLSKA | 1986 | M30 | 104 | 05:23 | 11.13 | 00:31:20 | 00:31:45 | 150 | |
| 173 | 178 | LISIAK JERZY | PGF Cefarm Lublin | LUBLIN | POLSKA | 1970 | M50 | 14 | 05:23 | 11.13 | 00:31:09 | 00:31:45 | 151 | |
| 174 | 577 | BROŚ BOŻENA | Orange Polska | TURKA | POLSKA | 1979 | K30 | 18 | 05:23 | 11.13 | 00:31:33 | 00:31:45 | | 23 |
| 175 | 476 | ROKITA JACEK | ISKRY | OPOLE LUBELSKIE | POLSKA | 1984 | M30 | 105 | 05:24 | 11.11 | 00:31:24 | 00:31:48 | 152 | |
| 176 | 82 | KULIK MARIUSZ | 4. Skrzydło Lotnictwa Szkolnego | ZOFIAN | POLSKA | 1972 | M30 | 106 | 05:25 | 11.07 | 00:31:30 | 00:31:55 | 153 | |
| 177 | 39 | RENC PIOTR | LITPOLUKRBRIG | LUBLIN | POLSKA | 1975 | M30 | 107 | 05:25 | 11.07 | 00:31:23 | 00:31:55 | 154 | |
| 178 | 155 | SOLIS TOMASZ | | BEŁŻYCE | POLSKA | 1982 | M30 | 108 | 05:25 | 11.07 | 00:31:43 | 00:31:55 | 155 | |
| 179 | 415 | ZAREMSKYI ALEX | Szybki hajs, duże kroki | SMOTRYCZ, CHMIELNICKI OBW. | UKRAINA | 1995 | M12 | 34 | 05:26 | 11.06 | 00:31:41 | 00:31:57 | 156 | |
| 180 | 117 | GRZEGORCZYK ZUZANNA | | LUBLIN | POLSKA | 1998 | K12 | 5 | 05:26 | 11.05 | 00:31:50 | 00:31:59 | | 24 |
| 181 | 501 | MACIOCHA MAREK | | BUKOWINA | POLSKA | 1989 | M30 | 109 | 05:26 | 11.05 | 00:31:54 | 00:31:59 | 157 | |
| 182 | 176 | PAŁKA EWA | Iskry | BEŁŻYCE | POLSKA | 1980 | K30 | 19 | 05:27 | 11.02 | 00:31:41 | 00:32:04 | | 25 |
| 183 | 147 | WÓJTOWICZ SYLWIA | ISKRY | BEŁŻYCE | POLSKA | 1981 | K30 | 20 | 05:27 | 11.02 | 00:31:42 | 00:32:04 | | 26 |
| 184 | 27 | DANIELAK DOMINIK | GetGym | LUBLIN | POLSKA | 1971 | M30 | 110 | 05:28 | 11 | 00:31:59 | 00:32:08 | 158 | |
| 185 | 591 | GAJDA AGNIESZKA | . | RADOM | POLSKA | 1989 | K30 | 21 | 05:28 | 10.96 | 00:31:50 | 00:32:14 | | 27 |
| 186 | 371 | SĄCZEK PRZEMYSŁAW | | PUŁAWY | POLSKA | 1980 | M30 | 111 | 05:29 | 10.93 | 00:32:08 | 00:32:19 | 159 | |
| 187 | 540 | GIL PAWEŁ | WIDOK LUBLIN | LUBLIN | POLSKA | 1978 | M30 | 112 | 05:29 | 10.93 | 00:32:09 | 00:32:19 | 160 | |
| 188 | 379 | KAWULA SŁAWOMIR | KS 1906 | LUBLIN | POLSKA | 1983 | M30 | 113 | 05:30 | 10.92 | 00:32:06 | 00:32:22 | 161 | |
| 189 | 576 | GROMEK BARBARA | | TRAWNIKI | POLSKA | 1981 | K30 | 22 | 05:30 | 10.91 | 00:31:53 | 00:32:23 | | 28 |
| 190 | 578 | SZAJGIEC MAREK | | LUBLIN | POLSKA | 1978 | M30 | 114 | 05:30 | 10.91 | 00:31:52 | 00:32:23 | 162 | |
| 191 | 594 | ZAJĄC ALEKSANDRA | | LUBLIN | POLSKA | 1995 | K12 | 6 | 05:30 | 10.91 | 00:31:54 | 00:32:24 | | 29 |
| 192 | 141 | FILA ADAM | | SANDOMIERZ | POLSKA | 1997 | M12 | 35 | 05:30 | 10.91 | 00:32:01 | 00:32:24 | 163 | |
| 193 | 94 | DROZD JERZY | LUBELAKY | LUBLIN | POLSKA | 1955 | M50 | 15 | 05:31 | 10.87 | 00:31:58 | 00:32:30 | 164 | |
| 194 | 191 | GÓRALSKI JACEK | | KONSKOWOLA | POLSKA | 1969 | M50 | 16 | 05:32 | 10.82 | 00:32:17 | 00:32:39 | 165 | |
| 195 | 355 | BIEŃKO DAMIAN | | GARBATKA LETNISKO | POLSKA | 1989 | M30 | 115 | 05:33 | 10.82 | 00:32:04 | 00:32:40 | 166 | |
| 196 | 275 | SĄCZEK MARIKA | Avangarda Puławy | PUŁAWY | POLSKA | 2007 | K12 | 7 | 05:33 | 10.81 | 00:32:30 | 00:32:41 | | 30 |
| 197 | 372 | BUDKOWSKI PIOTR | | STALOWA WOLA | POLSKA | 1971 | M30 | 116 | 05:34 | 10.8 | 00:32:19 | 00:32:43 | 167 | |
| 198 | 60 | KUBICKI MAREK | | PLISZCZYN | POLSKA | 1968 | M50 | 17 | 05:34 | 10.79 | 00:32:32 | 00:32:44 | 168 | |
| 199 | 196 | TARNOWSKI PAWEŁ | | LUBLIN | POLSKA | 1980 | M30 | 117 | 05:35 | 10.76 | 00:32:39 | 00:32:51 | 169 | |
| 200 | 252 | DĘBIŃSKA IWONA | | LUBLIN | POLSKA | 1989 | K30 | 23 | 05:35 | 10.76 | 00:32:18 | 00:32:51 | | 31 |
| 201 | 193 | GOLENIOWSKI PIOTR | | LUBLIN | POLSKA | 1974 | M30 | 118 | 05:35 | 10.75 | 00:32:17 | 00:32:52 | 170 | |
| 202 | 85 | BUDZYŃSKI GRZEGORZ | Lubelskie Cebularze | LUBLIN | POLSKA | 1980 | M30 | 119 | 05:35 | 10.75 | 00:32:23 | 00:32:52 | 171 | |
| 203 | 96 | WOJTAL DAWID | WOJTAL TEAM CHEŁM | CHEŁM | POLSKA | 1993 | M12 | 36 | 05:35 | 10.75 | 00:32:38 | 00:32:52 | 172 | |
| 204 | 144 | MUSZYŃSKA MAGDALENA | | LUBLIN | POLSKA | 1983 | K30 | 24 | 05:35 | 10.75 | 00:32:28 | 00:32:53 | | 32 |
| 205 | 84 | RUMIŃSKA WERONIKA | | LUBLIN | POLSKA | 1993 | K12 | 8 | 05:35 | 10.73 | 00:32:49 | 00:32:56 | | 33 |

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Dystans 5889 m

| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|-------------------------------|-------------------------|------------------------|-------------------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 206 | 69 | GRZESIAK KONRAD | | LUBLIN | POLSKA | 1998 | M12 | 37 | 05:36 | 10.72 | 00:32:27 | 00:32:58 | 173 | |
| 207 | 563 | BODAK WERONIKA | | LUBLIN | POLSKA | 1999 | K12 | 9 | 05:37 | 10.7 | 00:32:43 | 00:33:01 | | 34 |
| 208 | 127 | WHITE ASHLEY | | LUBLIN | STANY ZJEDNOCZONE | 1981 | K30 | 25 | 05:37 | 10.7 | 00:32:33 | 00:33:02 | | 35 |
| 209 | 124 | BUTRYŃSKI PAWEŁ | #Konfederacja | LUBLIN | POLSKA | 1970 | M50 | 18 | 05:37 | 10.67 | 00:32:39 | 00:33:06 | 174 | |
| 210 | 537 | WCISEŁ WOJCIECH | KUL Running Team | LUBLIN | POLSKA | 1980 | M30 | 120 | 05:38 | 10.65 | 00:33:00 | 00:33:11 | 175 | |
| 211 | 609 | SOŁYGA MARCIN | | LUBLIN | POLSKA | 1986 | M30 | 121 | 05:38 | 10.63 | 00:32:53 | 00:33:14 | 176 | |
| 212 | 281 | ŻUKOWSKA BASIA | wydolność.pl | LUBLIN | POLSKA | 1968 | K50 | 2 | 05:40 | 10.61 | 00:33:07 | 00:33:19 | | 36 |
| 213 | 394 | WÓJCIK DAWID | | LUBLIN | POLSKA | 1991 | M12 | 38 | 05:40 | 10.6 | 00:33:20 | 00:33:20 | 177 | |
| 214 | 208 | SOLECKI DARIUSZ | Bo jak nie My, to Kto? | PUŁAWY | POLSKA | 1965 | M50 | 19 | 05:40 | 10.6 | 00:33:05 | 00:33:20 | 178 | |
| 215 | 57 | SUCHORA ANNA | | KRAŚNIK | POLSKA | 1964 | K50 | 3 | 05:41 | 10.56 | 00:32:59 | 00:33:27 | | 37 |
| 216 | 59 | SUCHORA JERZY | | KRAŚNIK | POLSKA | 1963 | M50 | 20 | 05:41 | 10.56 | 00:32:59 | 00:33:28 | 179 | |
| 217 | 409 | KĄDZIOŁKA KAMIL | | LUBLIN | POLSKA | 1987 | M30 | 122 | 05:42 | 10.53 | 00:33:15 | 00:33:34 | 180 | |
| 218 | 204 | SZULC ŁUKASZ | intrograf team | ŚWIDNIK | POLSKA | 1995 | M12 | 39 | 05:43 | 10.51 | 00:33:30 | 00:33:37 | 181 | |
| 219 | 316 | LEWCZYŃSKI PIOTR | | LUBLIN | POLSKA | 1959 | M50 | 21 | 05:43 | 10.5 | 00:33:05 | 00:33:39 | 182 | |
| 220 | 319 | BURZYKOWSKI STANISŁAW | | LUBLIN | POLSKA | 1959 | M50 | 22 | 05:43 | 10.5 | 00:33:05 | 00:33:39 | 183 | |
| 221 | 389 | JASIŃSKI TOMASZ | | GORAJ | POLSKA | 1991 | M12 | 40 | 05:43 | 10.5 | 00:33:08 | 00:33:40 | 184 | |
| 222 | 341 | KACZOR MICHAŁ | Szybki hajs, duże kroki | LUBLIN | POLSKA | 1997 | M12 | 41 | 05:43 | 10.49 | 00:33:25 | 00:33:41 | 185 | |
| 223 | 211 | ZIÓŁEK MARIAN | Bo jak nie My, to Kto? | NOWE MIASTO NAD PILICA | POLSKA | 1952 | M50 | 23 | 05:43 | 10.48 | 00:33:28 | 00:33:42 | 186 | |
| 224 | 232 | STYRNIK MARCIN | Motywator Nasutów | NIEMCE | POLSKA | 1982 | M30 | 123 | 05:45 | 10.44 | 00:33:19 | 00:33:50 | 187 | |
| 225 | 330 | GOŁĘBIEWSKI MACIEJ | | KALINÓWKA | POLSKA | 1978 | M30 | 124 | 05:46 | 10.42 | 00:33:27 | 00:33:54 | 188 | |
| 226 | 342 | WÓJCIK PATRYK | | LUBLI | POLSKA | 1993 | M12 | 42 | 05:46 | 10.4 | 00:33:39 | 00:33:59 | 189 | |
| 227 | 177 | NIECIECKA-LEGOCKA KATARZYNA | | LUBLIN | POLSKA | 1977 | K30 | 26 | 05:47 | 10.37 | 00:33:35 | 00:34:04 | | 38 |
| 228 | 487 | ROMAN KAROLINA | | CHEŁM | POLSKA | 1997 | K12 | 10 | 05:47 | 10.37 | 00:33:38 | 00:34:05 | | 39 |
| 229 | 436 | MICEK KATARZYNA | Iskry | BRZozowa | POLSKA | 1981 | K30 | 27 | 05:47 | 10.36 | 00:33:44 | 00:34:06 | | 40 |
| 230 | 361 | HOŁUB KATARZYNA | | LUBLIN | POLSKA | 1980 | K30 | 28 | 05:48 | 10.34 | 00:33:59 | 00:34:11 | | 41 |
| 231 | 542 | DZIATCZAK KACPER | | CHODEL | POLSKA | 2003 | M12 | 43 | 05:49 | 10.32 | 00:33:59 | 00:34:15 | 190 | |
| 232 | 99 | PAŁKA WERONIKA | | URSZULIN | POLSKA | 2003 | K12 | 11 | 05:49 | 10.31 | 00:34:03 | 00:34:16 | | 42 |
| 233 | 116 | PULIKOWSKI MAREK | | LUBLIN | POLSKA | 1981 | M30 | 125 | 05:49 | 10.3 | 00:33:55 | 00:34:18 | 191 | |
| 234 | 473 | GROŃSKI DARIUSZ | Super-drob | LUBLIN | POLSKA | 1969 | M50 | 24 | 05:50 | 10.3 | 00:34:12 | 00:34:19 | 192 | |
| 235 | 153 | SOBIECH MONIKA | | LUBLIN | POLSKA | 1975 | K30 | 29 | 05:50 | 10.3 | 00:33:43 | 00:34:19 | | 43 |
| 236 | 455 | BIELECKI SEBASTIAN | | LUBLIN | POLSKA | 1999 | M12 | 44 | 05:50 | 10.29 | 00:34:02 | 00:34:20 | 193 | |
| 237 | 470 | ŚWIĘTOCHOWSKA - CHUDY PAULINA | 501026056 | LUBLIN | POLSKA | 1978 | K30 | 30 | 05:50 | 10.29 | 00:33:53 | 00:34:20 | | 44 |
| 238 | 173 | KORDOWSKA-WOCH KATARZYNA | | LUBLIN | POLSKA | 1982 | K30 | 31 | 05:50 | 10.29 | 00:33:53 | 00:34:20 | | 45 |
| 239 | 198 | ŚLIWKA EWA | | LUBLIN | POLSKA | 1980 | K30 | 32 | 05:50 | 10.27 | 00:34:06 | 00:34:24 | | 46 |
| 240 | 263 | FURTAK WIKTOR | Samiswoi | LUBLIN | POLSKA | 1972 | M30 | 126 | 05:51 | 10.26 | 00:34:04 | 00:34:26 | 194 | |
| 241 | 481 | MIANOWANA ANNA | | NIEDRZWICA DUŻA | POLSKA | 1987 | K30 | 33 | 05:51 | 10.26 | 00:34:04 | 00:34:27 | | 47 |
| 242 | 172 | LUDZIŃSKA KATARZYNA | | LUBLIN | POLSKA | 1983 | K30 | 34 | 05:52 | 10.23 | 00:34:04 | 00:34:33 | | 48 |
| 243 | 612 | BERWERTZ KONRAD | | LUBLIN | POLSKA | 1993 | M12 | 45 | 05:52 | 10.23 | 00:34:06 | 00:34:33 | 195 | |
| 244 | 460 | DYCHA DOROTA | | LUBLIN | POLSKA | 1987 | K30 | 35 | 05:52 | 10.22 | 00:34:06 | 00:34:35 | | 49 |
| 245 | 491 | SABEŁ MARTA | Kraśnik Biega | URZĘDÓW | POLSKA | 1978 | K30 | 36 | 05:53 | 10.21 | 00:34:17 | 00:34:37 | | 50 |
| 246 | 214 | PUTOWSKI PIOTR | Motycz biega | MOTYCZ | POLSKA | 1990 | M30 | 127 | 05:53 | 10.19 | 00:34:19 | 00:34:41 | 196 | |

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Data: Lublin, 01.03.2020

Dystans 5889 m

| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|---------|----------------------|--------------------------|---------------------|--------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 247 | 338 | SNOPEK WITEK | SRT (Snopek Runner Team) | ŁÓDŹ | POLSKA | 1962 | M50 | 25 | 05:53 | 10.18 | 00:34:11 | 00:34:42 | 197 | |
| 248 | 101 | PAŁKA FRANCISZEK | | URSZULIN | POLSKA | 2006 | M12 | 46 | 05:54 | 10.18 | 00:34:40 | 00:34:43 | 198 | |
| 249 | 161 | FLOREK DOMINIK | | LUBLIN | POLSKA | 1989 | M30 | 128 | 05:55 | 10.16 | 00:34:23 | 00:34:47 | 199 | |
| 250 | 340 | SUCHORA KAROLINA | | KRAŚNIK | POLSKA | 1994 | K12 | 12 | 05:55 | 10.14 | 00:34:24 | 00:34:50 | | 51 |
| 251 | 170 | DEPTA GRZEGORZ | | LUBLIN | POLSKA | 1981 | M30 | 129 | 05:56 | 10.1 | 00:34:47 | 00:35:00 | 200 | |
| 252 | 291 | LIGĘZA HANNA | Sp nr 28 | LUBLIN | POLSKA | 2006 | K12 | 13 | 05:57 | 10.09 | 00:34:53 | 00:35:02 | | 52 |
| 253 | 293 | GARBACKA ALICJA | | LUBLIN | POLSKA | 2006 | K12 | 14 | 05:57 | 10.09 | 00:34:53 | 00:35:02 | | 53 |
| 254 | 289 | SANKOWSKA MAJA | | LUBLIN | POLSKA | 2006 | K12 | 15 | 05:57 | 10.08 | 00:34:53 | 00:35:03 | | 54 |
| 255 | 119 | GOŁĄB MAGDALENA | | LUBLIN | POLSKA | 1993 | K12 | 16 | 05:57 | 10.08 | 00:34:48 | 00:35:03 | | 55 |
| 256 | 419 | PIECHOTA PAWEŁ | | OSTROWIEC ŚW. | POLSKA | 1993 | M12 | 47 | 05:58 | 10.07 | 00:34:51 | 00:35:05 | 201 | |
| 257 | 258 | SZAFRAN DARIUSZ | | LUBLIN | POLSKA | 1973 | M30 | 130 | 05:58 | 10.05 | 00:34:47 | 00:35:10 | 202 | |
| 258 | 216 | CHWIL MIROSŁAW | | FAJSŁAWICE | POLSKA | 1974 | M30 | 131 | 06:03 | 9.92 | 00:35:15 | 00:35:37 | 203 | |
| 259 | 437 | SZELĄG MARCIN | | PUŁAWY | POLSKA | 1977 | M30 | 132 | 06:03 | 9.91 | 00:35:25 | 00:35:39 | 204 | |
| 260 | 404 | MAZUREK MARCIN | | LUBLIN | POLSKA | 1987 | M30 | 133 | 06:04 | 9.9 | 00:35:22 | 00:35:41 | 205 | |
| 261 | 129 | ZAWADZKI MARIUSZ | | LUBLIN | POLSKA | 1983 | M30 | 134 | 06:06 | 9.84 | 00:35:43 | 00:35:54 | 206 | |
| 262 | 604 | PUZAITIS ŁUKASZ | MAKONDO TEAM | LUBLIN | POLSKA | 1998 | M12 | 48 | 06:08 | 9.79 | 00:35:28 | 00:36:05 | 207 | |
| 263 | 598 | MALEC MATEUSZ | MAKONDO TEAM | PIASKI | POLSKA | 1998 | M12 | 49 | 06:08 | 9.77 | 00:35:32 | 00:36:10 | 208 | |
| 264 | 370 | SUSKA NATALIA | Natka&Mario | TOMASZOWICE-KOLONIA | POLSKA | 1997 | K12 | 17 | 06:09 | 9.76 | 00:36:00 | 00:36:12 | | 56 |
| 265 | 352 | ZBROŃSKI MARIUSZ | Natka & Mario | ŚWIDNIK | POLSKA | 1996 | M12 | 50 | 06:09 | 9.76 | 00:36:00 | 00:36:12 | 209 | |
| 266 | 383 | CIEPLIŃSKI JAKUB | FREE PLAY | KRAŚNIK | POLSKA | 1980 | M30 | 135 | 06:10 | 9.73 | 00:35:59 | 00:36:18 | 210 | |
| 267 | 468 | BOGUSZ KRZYSZTOF | | LUBLIN | POLSKA | 1974 | M30 | 136 | 06:11 | 9.71 | 00:35:50 | 00:36:23 | 211 | |
| 268 | 331 | JANIAK PIOTR | Industi | ŚWIDNIK | POLSKA | 1987 | M30 | 137 | 06:11 | 9.71 | 00:36:16 | 00:36:24 | 212 | |
| 269 | 10 | JACHIMOWICZ KAROLINA | | LUBLIN | POLSKA | 1996 | K12 | 18 | 06:12 | 9.68 | 00:36:05 | 00:36:31 | | 57 |
| 270 | 158 | GOLENIEWSKI RYSZARD | Grandpa | LUBLIN | POLSKA | 1955 | M50 | 26 | 06:14 | 9.61 | 00:36:10 | 00:36:45 | 213 | |
| 271 | 586 | KICHTIAK MICHAŁ | Szybki hajs, duże kroki | LUBLIN | POLSKA | 1997 | M12 | 51 | 06:15 | 9.6 | 00:36:34 | 00:36:49 | 214 | |
| 272 | 103 | NOWAK KAROLINA | | JASTRZĄB | POLSKA | 1997 | K12 | 19 | 06:16 | 9.57 | 00:36:38 | 00:36:56 | | 58 |
| 273 | 545 | KOWALIK AGATA | | GOŁĄB | POLSKA | 1994 | K12 | 20 | 06:16 | 9.57 | 00:36:38 | 00:36:56 | | 59 |
| 274 | 255 | BŁASZCZAK ANDRZEJ | | LUBLIN | POLSKA | 1962 | M50 | 27 | 06:19 | 9.49 | 00:36:38 | 00:37:13 | 215 | |
| 275 | 402 | KLIMCZEWSKI DAMIAN | | LUBLIN | POLSKA | 1990 | M30 | 138 | 06:20 | 9.47 | 00:36:57 | 00:37:18 | 216 | |
| 276 | 184 | ŻYDEK JOLA | ISKRY | BEŁŻYCE | POLSKA | 1996 | K12 | 21 | 06:21 | 9.46 | 00:36:58 | 00:37:22 | | 60 |
| 277 | 182 | KOWALEWSKI ERYK | Iskry | BEŁŻYCE | POLSKA | 1997 | M12 | 52 | 06:21 | 9.46 | 00:36:58 | 00:37:22 | 217 | |
| 278 | 299 | WITEK-KONDRAT ANNA | | CZEMIERNIKI | POLSKA | 1974 | K30 | 37 | 06:22 | 9.43 | 00:37:01 | 00:37:27 | | 61 |
| 279 | 390 | PYĆ DOROTA | | JANÓW LUBELSKI | POLSKA | 1992 | K12 | 22 | 06:23 | 9.41 | 00:37:03 | 00:37:33 | | 62 |
| 280 | 539 | GRZESIAK-MAŃKO ANNA | | NIEDRZWICA DUŻA | POLSKA | 1981 | K30 | 38 | 06:24 | 9.38 | 00:37:17 | 00:37:41 | | 63 |
| 281 | 23 | CHRUŚCIEL MICHAŁ | GetGym | LUBLIN | POLSKA | 1975 | M30 | 139 | 06:29 | 9.25 | 00:37:41 | 00:38:11 | 218 | |
| 282 | 434 | STRÓŻAK PIOTR | OSP Wzgórze | BEŁŻYCE | POLSKA | 1992 | M12 | 53 | 06:29 | 9.25 | 00:37:53 | 00:38:11 | 219 | |
| 283 | 17 | KAWKA GRETA | GetGym Lublin | LUBLIN | POLSKA | 1987 | K30 | 39 | 06:29 | 9.25 | 00:37:42 | 00:38:12 | | 64 |
| 284 | 62 | JANICKI LESZEK | | LUBLIN | POLSKA | 1972 | M30 | 140 | 06:30 | 9.23 | 00:37:46 | 00:38:16 | 220 | |
| 285 | 112 | GRZEGORCZYK DOROTA | Orange | LUBLIN | POLSKA | 1970 | K50 | 4 | 06:31 | 9.2 | 00:38:13 | 00:38:24 | | 65 |
| 286 | 534 | SKAINOWSKA RENATA | | ŚWIDNIK | POLSKA | 1975 | K30 | 40 | 06:32 | 9.19 | 00:37:56 | 00:38:27 | | 66 |
| 287 | 585 | RAŚ MONIKA | ISKRY | BEŁŻYCE | POLSKA | 1980 | K30 | 41 | 06:32 | 9.17 | 00:38:09 | 00:38:31 | | 67 |

Tropem Wilczym. Bieg Pamięci Żołnierzy Wyklętych

Organizator: Fundacja Rozwoju Sportu w Lublinie

Data: Lublin, 01.03.2020

Dystans: 5889 m

| M-sce | Nr Zaw. | Nazwisko imię | Klub | Miejscowość | Kraj | Rok ur. | Kat. Wiek. | Miejsce w kat | Tempo min/km | Tempo km/h | Czas netto | Czas brutto | Miejsce M | Miejsce K |
|-------|------------|------------------------|----------------------------------|----------------------|--------|---------|------------|---------------|--------------|------------|------------|-------------|-----------|-----------|
| 288 | 388 | MASEŁKO JOANNA | | CHEŁM | POLSKA | 1989 | K30 | 42 | 06:34 | 9.14 | 00:38:08 | 00:38:39 | | 68 |
| 289 | 202 | PIEKNIAK KRZYSZTOF | intrograf team | LUBLIN | POLSKA | 1966 | M50 | 28 | 06:37 | 9.06 | 00:38:44 | 00:39:00 | 221 | |
| 290 | 367 | FORNAL MATEUSZ | | ŁOPIENNIK NADRZECZNY | POLSKA | 1998 | M12 | 54 | 06:41 | 8.97 | 00:39:23 | 00:39:23 | 222 | |
| 291 | 55 | MICHOŃ ARTUR | | LUBLIN | POLSKA | 1969 | M50 | 29 | 06:42 | 8.96 | 00:39:20 | 00:39:26 | 223 | |
| 292 | 297 | MAKUCH ARKADIUSZ | | BRATNIK | POLSKA | 1971 | M30 | 141 | 06:43 | 8.93 | 00:39:07 | 00:39:33 | 224 | |
| 293 | 439 | SAMUL AGATA | Superdrob | OSIECK | POLSKA | 1987 | K30 | 43 | 06:44 | 8.9 | 00:39:09 | 00:39:43 | | 69 |
| 294 | 318 | KONDRAT ANIA | | CZEMIERNIKI | POLSKA | 2001 | K12 | 23 | 06:47 | 8.84 | 00:39:24 | 00:39:58 | | 70 |
| 295 | 570 | KARASINSKI ŁUKASZ | | ZWOLEŃ | POLSKA | 1996 | M12 | 55 | 06:48 | 8.82 | 00:39:28 | 00:40:03 | 225 | |
| 296 | 571 | DOBOSZ ADRIANNA | | GOŁĄB | POLSKA | 1995 | K12 | 24 | 06:49 | 8.82 | 00:39:31 | 00:40:05 | | 71 |
| 297 | 530 | DUDZIK MAŁGORZATA | Morsujący Firlej | KAMIONKA | POLSKA | 1983 | K30 | 44 | 06:51 | 8.76 | 00:39:55 | 00:40:21 | | 72 |
| 298 | 554 | STASZAK ROBERT | Lubestkie Stowarzyszenie Biegowe | LUBLIN | POLSKA | 1987 | M30 | 142 | 06:52 | 8.73 | 00:39:51 | 00:40:28 | 226 | |
| 299 | 20 | PANASIUK-GARBACZ KINGA | Nie Ma Letko | LUBLIN | POLSKA | 1987 | K30 | 45 | 06:52 | 8.73 | 00:40:25 | 00:40:29 | | 73 |
| 300 | 19 | GARBACZ SŁAWOMIR | Get Gym | LUBLIN | POLSKA | 1982 | M30 | 143 | 06:52 | 8.73 | 00:40:24 | 00:40:29 | 227 | |
| 301 | 249 | CZERWONKA KLAUDIA | | LUBLIN | POLSKA | 1991 | K12 | 25 | 06:53 | 8.71 | 00:40:00 | 00:40:33 | | 74 |
| 302 | 190 | MAZURCZAK BARBARA | | REJOWIEC FABRYCZNY | POLSKA | 1991 | K12 | 26 | 06:59 | 8.58 | 00:40:40 | 00:41:11 | | 75 |
| 303 | 171 | JARGIŁO KLAUDIA | Nie Ma Letko | LUBLIN | POLSKA | 1995 | K12 | 27 | 07:01 | 8.55 | 00:40:50 | 00:41:20 | | 76 |
| 304 | 438 | SKOREK EMILIA | Superdrob | LUBLIN | POLSKA | 1986 | K30 | 46 | 07:01 | 8.55 | 00:40:48 | 00:41:21 | | 77 |
| 305 | 288 | OSIŃSKA NATALIA | | KRASNYSTAW | POLSKA | 1991 | K12 | 28 | 08:16 | 7.25 | 00:48:11 | 00:48:43 | | 78 |